Boston IVF

CYCLE CALENDAR/ In Vitro Fertilization Cycle
OCP/Luteal Lupron® - FSH

***If you receive your period, (cycle day one, the first day of a full flow red) after 5pm, call to speak to a nurse the following day. There is no urgency with any treatment plan to start that night. ***

	DATE	INSTRUCTIONS	TESTING		PM MEDS
1*	Start pill Stop pill	Notify your nurse of the onset of your period. Start your birth control pill on day 1 and continue for ≥ 14 days. **The last pill is usually stopped on a Sunday.**			Injections should be taken between 5-10pm (subcutaneously)
	Start Lupron **(usually starts on a Monday)**	Start Lupron and continue each evening and notify your team nurse with the onset of your period.			10 units Lupron nightly until period
1		PERIOD STARTS* notify nurse Reduce Lupron dose to 5 units Nurse will instruct you to start FSH			5 units Lupron nightly…
					5 units Lupron units FSH
					5 units Lupron units FSH
					5 units Lupron units FSH
			first blood test and ultrasound		5 units Lupron units FSH
					5 units Lupron units FSH
		Over the next several days you will have ultrasound and blood tests periodically and given instructions on the dosage of FSH to take			5 units Lupron units FSH
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		The monitoring indicates follicles ready. Take hCG subcutaneously as instructed (Ovidrel or HCG 10,000)			hCG injection
		Evening prior to egg retrieval. Nothing to eat or drink after midnight			
0		**Egg Retrieval** 36 hours after hCG injection			
1	__/___/___ Day after Egg Retrieval	You will receive a call in the afternoon, with fertilization results and details for embryo transfer.			
2		Begin progesterone			Start Progesterone
		Embryo transfer Usually done 3 days after egg retrieval unless blastocyst transfer which is 5 days after egg retrieval			
	___/___/___	Pregnancy test (15 days after egg retrieval)			

* *Cycle day one = start of period*

** *Stimulation day one = Day start FSH medication*