



CYCLE CALENDAR

Egg Freezing Protocol

OCP/Antagonist

***If you receive your period, (cycle day one, the first day of a full flow red) after 5pm, call to speak to a nurse the following day. There is no urgency with any treatment plan to start that night. ***

	DATE	INSTRUCTIONS	TESTING	AM MEDS	PM MEDS
	first pill ___/___/___ last pill ___/___/___	Start birth control pill day 1 of cycle			injections should be taken between 5-10pm (subcutaneously)
	___/___/___	Notify team nurse on cycle day one of menses			___ units of FSH
					___ units of FSH
					___ units of FSH
					___ units of FSH
		Over the next several days you will have ultra sound and blood tests periodically and given instructions on the dosage of FSH to take	Usually first blood and ultrasound		
		Antagonist (Cetrotide 0.25mg or Ganirelix 250mcg) will be started at the instruction of your nurse (when lead follicle reaches 14 mm)			
	___/___/___	The monitoring indicates follicles ready. Take hCG subcutaneously as instructed. (Ovidrel)			HCG injection (Ovidrel) (you will be instructed on a specific time)
		Evening prior to egg retrieval. Nothing to eat or drink after midnight			
	___/___/___	Egg Retrieval (36 hours after hCG injection)			
		Please be sure to schedule a follow-up consult with your physician two weeks after your egg retrieval. If you do not have one already scheduled please call your physician's administrative assistant at 781-434-6500.			