




## CYCLE CALENDAR In Vitro Fertilization Cycle

**\*If you receive your period, (cycle day one, the first day of a full flow red) after 5pm, call to speak to a nurse the following day. There is no urgency with any treatment plan to start that night. \***

### Mini Embryo Transfer

DATE	INSTRUCTIONS	TESTING	AM MEDS	PM MEDS
1*	Call your team nurse on the first day of your menses.			Injections taken subcutaneously between 5-10pm
2		Day 2 or 3 you will have baseline blood, and ultrasound prior to starting medications		
3	Start Clomid 100mg( 2 tablets) or Letrozole as directed by your nurse starting cycle day 3 and continue each evening until cycle day 7			Clomid 100mg = 2 pills Or Letrozole (either 5mg or 7.5 mg (Determined by MD)
4				Clomid 100mg Or Letrozole =
5				Clomid 100mg Or Letrozole =
6				Clomid 100mg Or Letrozole =
7				Clomid 100mg Or Letrozole =
8				
9				
10	Over the next several days you will have ultrasound and blood tests periodically and given instructions.	<b>Usually the first blood test and ultrasound</b>		
11				
12				
13	The monitoring indicates follicles ready (between 17-22mm). Take hCG subcutaneously as instructed ( <b>Ovidrel or HCG 10,000</b> ) HCG injection given at a precise time (time given by RN)			HCG injection
14	Evening prior to egg retrieval no medications to be taken. Nothing to eat/drink 2 hours before Egg retrieval.			
0	<b>Egg Retrieval</b> 36 hours after hCG injection			
1	You will receive a call, in the afternoon, with fertilization results and details for embryo transfer.			
2	Begin progesterone			Start Progesterone (continue until instructed to stop by your nurse or physician)
	Embryo transfer (3 days after egg retrieval)			
	Pregnancy test (15 days after egg retrieval)	<b>Blood Test</b>		

\* Cycle day one = start of period