



CYCLE CALENDAR In Vitro Fertilization Cycle

***If you receive your period, (cycle day one, the first day of a full flow red) after 5pm, call to speak to a nurse the following day. There is no urgency with any treatment plan to start that night. ***

Mini Embryo Transfer

DATE	INSTRUCTIONS	TESTING	AM MEDS	PM MEDS
1*	Call your team nurse on the first day of your menses.			Injections taken subcutaneously between 5-10pm
2		Day 2 or 3 you will have baseline blood, and ultrasound prior to starting medications		
3	Start Clomid 100mg(2 tablets) or Letrozole as directed by your nurse starting cycle day 3 and continue each evening until cycle day 7			Clomid 100mg = 2 pills Or Letrozole (either 5mg or 7.5 mg (Determined by MD))
4				Clomid 100mg Or Letrozole =
5				Clomid 100mg Or Letrozole =
6				Clomid 100mg Or Letrozole =
7				Clomid 100mg Or Letrozole =
8				
9				
10	Over the next several days you will have ultrasound and blood tests periodically and given instructions.	Usually the first blood test and ultrasound		
11				
12				
13	The monitoring indicates follicles ready (between 17-22mm). Take hCG subcutaneously as instructed (Ovidrel or HCG 10,000) HCG injection given at a precise time (time given by RN)			HCG injection
14	Evening prior to egg retrieval no medications to be taken. Nothing to eat/drink 2 hours before Egg retrieval.			
0	Egg Retrieval 36 hours after hCG injection			
1	You will receive a call, in the afternoon, with fertilization results and details for embryo transfer.			
2	Begin progesterone			Start Progesterone (continue until instructed to stop by your nurse or physician)
	Embryo transfer (3 days after egg retrieval)			
	Pregnancy test (15 days after egg retrieval)	Blood Test		

* Cycle day one = start of period