

## CYCLE CALENDAR IVF

### Estrogen Priming Microdose Lupron (MDL)

**\*If you receive your period, (cycle day one, the first day of a full flow red) after 5pm, call to speak to a nurse the following day. There is no urgency with any treatment plan to start that night. \***

DATE	INSTRUCTIONS	TESTING	AM MEDS	PM MEDS
1*	Call nurse with Cd1 to discuss when to start Estradiol tablets, which would begin on <b>cd21 or 8 days after Surge</b>		injections should be taken between 5-10am (subcutaneously)	injections should be taken between 5-10pm (subcutaneously)
21	Begin Estradiol tablets one tablet in am and one tablet in pm		<b>Estradiol 2mg</b>	<b>Estradiol 2mg</b>
			<b>Estradiol 2mg</b>	<b>Estradiol 2mg</b>
1	Call nurse with cd1 Start Microdose (md) Lupron twice daily and continue to take estradiol stopping on cycle day		10 units md Lupron <b>Estradiol 2mg</b>	10 units md Lupron <b>Estradiol 2mg</b>
2			10 units md Lupron <b>Estradiol 2mg</b>	10 units md Lupron <b>Estradiol 2mg</b>
3	<b>FSH/LH treatment day begin on Cycle day 3</b>		10 units md Lupron units FSH <b>Estradiol 2mg</b>	10 units md Lupron units FSH <b>Estradiol 2mg</b>
4	You are done with your Estradiol tablets		10 units md Lupron units FSH	10 units md Lupron units FSH
5			10 units md Lupron units FSH	10 units md Lupron units FSH
6			10 units md Lupron units FSH	10 units md Lupron units FSH
7			10 units md Lupron units FSH	10 units md Lupron units FSH
8			10 units md Lupron units FSH	10 units md Lupron units FSH
9	Over the next several days you will have ultrasound and blood tests periodically and given instructions on the dosage of FSH to take	Usually first blood test and ultrasound	10 units md Lupron units FSH	10 units md Lupron units FSH
10			10 units md Lupron units FSH	10 units md Lupron units FSH
11			10 units md Lupron units FSH	10 units md Lupron units FSH
	____/____/____ The monitoring indicates follicles ready. Take hCG subcutaneously as instructed (Ovidrel)			<b>HCG injection</b>
	Evening prior to egg retrieval. Nothing to eat or drink after midnight			
0	____/____/____ <b>Egg Retrieval</b> 36 hours after hCG injection			
1	____/____/____ Day after Egg Retrieval You will receive a call in the afternoon, with fertilization results and details for embryo transfer.			
2	Begin progesterone			Start Progesterone
	Embryo transfer is usually done 3 or 5 days after egg retrieval			
	____/____/____ Pregnancy test (15 days after egg retrieval)			