

CYCLE CALENDAR

Clomid Challenge Test With or without Intrauterine Insemination (IUI)

***If you receive your period, (cycle day one, which is the first day of your full flow red) after 5pm, call to speak to a nurse the following day. There is no urgency with any treatment plan to start that night.

| | DATE | INSTRUCTIONS | TESTING | AM MEDS | PM MEDS |
|----|----------------|--|---------------------------|---------|---|
| 1* | ____/____/____ | Please call your office nurse/clinical assistant with the start of your menses (cycle day one). You will need to schedule blood work for cycle day 3 and cycle day 10. You will also receive instruction on when to start your clomid. | | | It is best to take your clomid at bedtime; this will reduce any side effects that you may experience. |
| 2 | | | | | |
| 3 | | | Blood work and ultrasound | | |
| 4 | | | | | |
| 5 | | | | | Begin Clomid 100mg Take 2, 50mg tablets each night for 5 nights. |
| 6 | | | | | Clomid 100 mg |
| 7 | | | | | Clomid 100 mg |
| 8 | | | | | Clomid 100 mg |
| 9 | | | | | Clomid 100 mg |
| 10 | | | Blood work | | |
| 11 | | | | | |