



## CYCLE CALENDAR

### Clomiphene Citrate

#### Intrauterine Insemination (IUI) Cycle

**\*If you receive your period, (cycle day one, the first day of a full flow red) after 5pm, call to speak to a nurse the following day. There is no urgency with any treatment plan to start that night. \***

DATE	INSTRUCTIONS	TESTING	CLOMIPHENE DOSAGE
1	<p>____/____/____</p> <p>Please call your office nurse/clinical assistant with the start of your menses (cycle day one). You will receive instruction on when to start your clomid.</p>		It is best to take your clomid at bedtime; this will reduce any side effects that you may experience
2			
3	Date to begin Clomiphene® (Serophene® or Clomid®), unless otherwise instructed		50mg = 1 pill/day 100mg= 2 pills/day Other:_____
4			mg
5			mg
6			mg
7			mg
8			
9			
10			
11	<p>1/Begin ovulation Predictor Kit on cycle day 11 or on____</p> <p>2.Please test your urine by 12noon</p> <p>3/Call your nurse/clinical assistant with color change by 2pm</p> <p><b>4.Schedule IUI for the next day</b></p> <p>5. If no color change after 5 days of testing, contact your nurse. You will need to have blood and ultrasound done.</p>		
	<p>1.Have blood and ultrasound on cycle day indicated by your nurse</p> <p>2.Each day you come in for testing your nurse will call you between 3-5pm with your results and instructions.</p>		
	If instructed take hCG subcutaneously (Profasi, Pregnyl, Novarel, Ovidrel) actual date is determined by testing		
	<b>IUI= Intrauterine insemination</b>		
	<b>Blood Pregnancy Test (14 days after IUI)</b>		

\* Cycle day one = start of period

\*\* Stimulation day one = Day start FSH medication