



CYCLE CALENDAR

Intrauterine Insemination (IUI) Cycle Antagonist

***If you receive your period, (cycle day one, the first day of a full flow red) after 5pm, call to speak to a nurse the following day. There is no urgency with any treatment plan to start that night. ***

DATE	INSTRUCTIONS	TESTING	AM MEDS	PM MEDS
	Please call your nurse/clinical assistant with the start of your menses (cycle day one). Your nurse/clinical assistant will instruct you when to start your FSH (usually cycle day 2 or 3).		injections should be taken between 5-9am (subcutaneously)	injections should be taken between 5-10pm (subcutaneously)
__/__/__	Start FSH at the instruction of your nurse, usually on day 2 or day 3		units FSH	units FSH
			units FSH	units FSH
			units FSH	units FSH
			units FSH	units FSH
			units FSH	units FSH
	Over the next several days you will have ultra sound and blood tests periodically and given instructions on the dosage of FSH to take	Usually first blood test and ultrasound	units FSH	units FSH
			units FSH	units FSH
	Antagonist (Cetrotide or Ganirelix) will be started at the instruction of your nurse (when lead follicle reaches 14 mm)		units FSH	units FSH
			units FSH	units FSH
__/__/__	The monitoring indicates follicles ready. Take hCG subcutaneously as instructed (Profasi, Pregnyl, Novarel, Ovidrel)			
	IUI (about 36 after hCG injection)			
__/__/__	Pregnancy test (14 days after 1 st IUI) Call if your menses starts. If you do not start menses 14 days after IUI call your nurse and you will be advised to come in for a blood pregnancy test.			

* Cycle day one = start of period
 ** Stimulation day one = Day start FSH medication