Medication Injection Instructions
Follistim Pen

This medication comes with one pen, a 300 IU (silver) cartridge and 4 needles or 600 IU (gold) cartridge and 8 needles.

Pull cap off pen
Unscrew yellow section from blue section
Insert cartridge (rubber stopper end down) into yellow section
Screw yellow and blue section back together
Line up blue triangle (on yellow section) and yellow rectangle (on blue section)
Screw needle (securely) onto end of yellow section, pull cap off, pull inner sheath off
Dial your dose; turn gently until desired dose is in the clear section of window
If you dial past your dose DO NOT turn back, turn all the way forward until dial is
Loose, turn all the way back in, and dial again
Cleanse the area approximately 2 inches on either side of the navel with alcohol, let the alcohol dry (do not blow on it)
Take a pinch of fatty tissue
Hold the syringe like a pen or a dart, the needle should be approximately 1 inch away from the skin, insert the needle quickly into skin (not hard but quick)
Let go of the pinch and inject the medication (by pushing down on the dial)
Remove needle, use sterile gauze to wipe any blood
Put cap back on the needle, unscrew needle from pen and place into a sharps container.
Put cap back on pen
Save pen and cartridge for next injection
If you have any questions please contact Patient Educational Services at 781-434-6524

If there is not enough mediation left in one cartridge
Dial will stop at remaining dose
Unscrew sections, put in new cartridge, replace needle
Inject remaining dose