

# BOSTON I V F

## **Medication Injection Instructions Fertinex, Gonal-F 75IU Ampoules, and Pergonal**

These medications are packaged with 10 Ampoules of diluent and 10 ampoules of powder

Flick the top of the ampoule to move any liquid down into the bottom part of the ampoule

If you have a snapper place it over the top of the ampoule or you can use a gauze pad

Hold the ampoule, with the dot facing away from you, in two hands

Push on your thumbs and pull the glass pieces towards you as if you were snapping a pencil in two

Open 1 ampoule of diluent and as many ampoules of powder as you have been instructed to use

Insert a 3cc syringe with a 1 1/2" needle (make sure the needle is on securely by turning it)

The needle should be going along the side of the ampoule and touching the bottom

(make sure the hole in the top of the needle is facing down into the liquid)

Pull back on the plunger until you remove all the liquid

(you will hear a sipping noise or start to get large air bubbles)

Remove the needle from the bottle and with the needle pointing up

push on the plunger until the top ring of the black piece is at the long line at the number 1

Inject 1cc of diluent into the first ampoule of powder (it will dissolve instantly)

then withdraw all the liquid from that ampoule and inject it into the next powder and keep dissolving powders until you have dissolved all the ampoules of your recommended dose

**If you are using Lupron as well draw up your recommended dose of Lupron and**

**inject it into the last vial of prepared medication to take 1 injection at a time**

**(always measure Lupron with the 1/2 cc syringe)**

Withdraw all liquid back into the 3cc syringe

Remove the needle from the vial; hold the syringe with the needle pointing up

Pull back on the plunger to clear the needle of any liquid

Remove the 1 1/2" needle and replace it with a 1/2" needle

With the needle pointing up, gently press on the plunger until a drop appears at the tip of the needle

Snap on any air bubbles to remove them

(snap out what you can and do not worry about the rest they will not hurt you)

**Inject subcutaneously into the fatty tissue**

Cleanse the area approximately 2 inches on either side of the navel with alcohol, let the alcohol dry

(do not blow on it)

Take a pinch of fatty tissue

Hold the syringe like a pencil or a dart, the needle should be approximately 1 inch away from the skin,

insert the needle quickly into skin (not hard but quick)

Let go of the pinch and inject the medication (it does not matter how quickly you inject the medication)

Remove the needle and place entire syringe into a sharps container

***If you have any questions please contact Patient Educational Services at 781-434-6524***