**CLOMIPHENE CITRATE (Clomid) CYCLE**

### Before cycle start
- Start vitamins with folic acid (0.4 mg or 400 mcg)
- Review questions with doctor
- Ovulation Induction and IUI Consent form downloaded from [www.bostonivf.com/documents](http://www.bostonivf.com/documents), signed and returned to Boston IVF
- Approval from financial department

### Period start
- Period start is defined as cycle day 1
- Call your doctor’s Nurse during business hours (9am to 4pm)
- Please do not page doctor on call at night to report onset of menstruation

### Clomiphene citrate (Clomid) start
- The nurse will instruct you to begin Clomiphene Citrate (Clomid or CC)
- The usual start day is cycle day 3
- The day CC is started is referred to as Treatment Day 1 (vs. cycle day)
- The nurse will instruct you on the number of pills to take and for how many days
- CC is typically administered: 100 mg (2 pills) for 5 days (day 3-7 of cycle)

### Monitoring
- Typically started on day 11 of the cycle (day 9 of treatment)
- Consists of daily urine ovulation predictor kits (OPK)
- Perform OPK test each day between 10 AM and 4 PM
- Call nurse/medical assistant on day of color change to schedule IUI the following day

### Day of IUI
- Performed day after color change
- Performed at your doctor’s office Monday – Friday
- On weekends and holidays, only performed in Waltham office.
- No restrictions on activity afterwards

### On weekends, your call will be automatically forwarded to a nurse in the Waltham office
- If no color change occurs by the 5th day of testing (day 15), call nurse to schedule testing
- Testing will consist of an ultrasound and a blood test
- HCG injection may be prescribed if ovulation does not occur spontaneously