

CYCLE CALENDAR

Natural Thaw with Monitoring

If you receive you period (Cycle day one, the first day of a full flow red) after 5pm call to speak to a nurse the following day. There is no urgency with any treatment plan to start that night.

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| 1 | | Please call your IVF nurse with the onset of period | |
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| 10 | | Blood work and ultrasound done in the morning the nurse will call you with results and your next set of instructions. | Blood work and Ultrasound |
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| | | Over the next several days you may need to come in the office for repeat blood work and ultrasound | |
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| | | Ovidrel with 17mm follicle | |
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| | | Day 3 Frozen Embryo If no surge schedule transfer 5 days later, If surge with LH >20, schedule transfer 4 days later | |
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| | | Day 5 Frozen Embryo If no surge schedule transfer 7 days later If LH surge >20 schedule transfer 6 days later | |
| | | The day before your embryo transfer expect an email from a nurse with timing and instructions for the transfer | |
| | | Begin Crinone 8% vaginally once a day starting the day of your transfer | |
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| | | | Your Pregnancy test (lab work) will be 12 days after your transfer if you have a day 3 frozen embryo or 10 days after if you have a day 5 frozen embryo |