



CYCLE CALENDAR

In Vitro Fertilization Cycle/Luteal Lupron®

When going through fertility treatment at BIVF please make sure that your cell phone voice mail is not full as we may need to reach you/leave you an important message

****Consents must be completed prior to starting any treatment cycle, this is mandatory Boston IVF policy****

***If you receive your period, (cycle day one, the first day of a full flow red) after 5pm, call to speak to a nurse the following day. There is no urgency with any treatment plan to start that night. ***

	DATE	INSTRUCTIONS	TESTING	AM MEDS	PM MEDS
1*	___/___/___	Avoid conception from day 1 of cycle through day 21. Notify team nurse of cycle start			Injections taken subcutaneously between 5-10pm
21		Start Lupron 10units continue each evening and notify team nurse with the onset of period.			10 units Lupron nightly until period starts
1	___/___/___	PERIOD STARTS* Notify Nurse Reduce Lupron dose to 5 units Nurse will instruct you to start FSH /LH We advise that you abstain from intercourse or use condoms during your treatment cycle until a pregnancy test to avoid a high risk multiple gestation pregnancy from a concurrent natural conception.			5 units Lupron nightly...
	___/___/___				5 units Lupron Units of FSH
					5 units Lupron Units of FSH
					5 units Lupron Units of FSH
					5 units Lupron Units of FSH
			Usually first blood test and ultrasound		5 units Lupron Units of FSH
		Over the next several days you will have ultrasound and blood tests periodically and given instructions on the dosage of FSH to take			5 units Lupron Units of FSH
					5 units Lupron Units of FSH
					5 units Lupron Units of FSH
					5 units Lupron Units of FSH
	___/___/___	The monitoring indicates follicles ready. Take hCG subcutaneously as instructed (Ovidrel or HCG 10,000)			hCG injection
		Evening prior to egg retrieval. Nothing to eat or drink after midnight			
0	___/___/___	Egg Retrieval 36 hours after hCG injection			
1	___/___/___ Day after Egg Retrieval	You will receive a call, in the afternoon, with fertilization results and details for embryo transfer.			
2		Begin progesterone			
	___/___/___ 3-5 days after Egg Retrieval	Embryo transfer Usually done on 3 rd day after egg retrieval(unless blastocyst culture done)			
		Pregnancy test (15 days after egg retrieval)	Blood Test		

* Cycle day one = start of period