

CYCLE CALENDAR
GEEP THAW PROTOCOL
(GNRH Exogenous Estrogen and Progesterone)

If you receive your period, (cycle day one, the first day of a full flow red) after 5pm, call to speak to a nurse the following day.

****Consents must be completed prior to starting any treatment cycle, this is mandatory Boston IVF policy****

	Please call your IVF nurse with the onset of period. Avoid conception from day 1 through to day 21.	Morning medications should be taken between 5-10 AM	Evening injections should be taken between 5-10 PM
21	Start Lupron (10 units), Continue each evening call IVF nurse with the onset of your period.		Lupron (10 units)
1	Call IVF nurse, with menses continue Lupron begin Estradiol tablets as directed.		Lupron (10 units) Estradiol (1mg) Take 3 tablets in pm
2	Total of 6 estradiol(1mg) tablets daily (3) tablets in am (3) tablets in pm	Estradiol (1mg) Take 3 tablets in am	Lupron (10 units) Estradiol (1mg) Take 3 tablets in pm
3		Estradiol (1mg) Take 3 tablets in am	Lupron (10 units) Estradiol (1mg) Take 3 tablets in pm
4		Estradiol (1mg) Take 3 tablets in am	Lupron (10 units) Estradiol (1mg) Take 3 tablets in pm
5		Estradiol (1mg) Take 3 tablets in am	Lupron (10 units) Estradiol (1mg) Take 3 tablets in pm
6		Estradiol (1mg) Take 3 tablets in am	Lupron (10 units) Estradiol (1mg) Take 3 tablets in pm
7		Estradiol (1mg) Take 3 tablets in am	Lupron (10 units) Estradiol (1mg) Take 3 tablets in pm
8		Estradiol (1mg) Take 3 tablets in am	Lupron (10 units) Estradiol (1mg) Take 3 tablets in pm
9		Estradiol (1mg) Take 3 tablets in am	Lupron (10 units) Estradiol (1mg) Take 3 tablets in pm
10		Estradiol (1mg) Take 3 tablets in am	Lupron(10 units) Estradiol (1mg) Take 3 tablets in pm
11		Estradiol (1mg) Take 3 tablets in am	Lupron (10 units) Estradiol (1mg) Take 3 tablets in pm
	After you have blood work and ultrasound the nurse will call you with instructions At the instruction of your nurse discontinue Lupron and begin progesterone	Estradiol (1mg) Take 3 tablets in am Blood work and ultrasound	Estradiol (1mg) Take 3 tablets in pm (IM) Intramuscular progesterone injection 50mg = 1ml begins at the instructions of your nurse (6p-8pm) Continues every 3 rd night
		Estradiol (1mg) Take 3 tablets in am Crinone 8% take 1 applicator vaginally in the am	Estradiol (1mg) Take 3 tablets in pm Crinone 8% take 1 applicator vaginally in the pm
	Expect an email from a nurse with timing and instructions for Embryo Transfer	Estradiol (1mg) Take 3 tablets in am Crinone 8% take 1 applicator vaginally in the am	Estradiol (1mg) Take 3 tablets in pm Crinone 8% take 1 applicator vaginally in the pm
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		Estradiol (1mg) Take 3 tablets in am Crinone 8% take 1 applicator vaginally in the am	Estradiol (1mg) Take 3 tablets in pm Crinone 8% take 1 applicator vaginally in the pm
	Pregnancy test 10 or 12 days after transfer, If positive continue all meds for 10 weeks.	Estradiol (1mg) Take 3 tablets in am Crinone 8% take 1 applicator vaginally in the am	Estradiol (1mg) Take 3 tablets in pm Crinone 8% take 1 applicator vaginally in the pm

