

## **Injection Instructions for Vial of Lupron**

This medication comes in a prefilled syringe or a Vial of Lupron (**your dosage will be 80 or 100 units**). **You will be given an exact time to take this medication**

Vial of Lupron- using your thumb lift, the plastic cap off the vial. Wipe the top of the vial with an alcohol pad.

Take an insulin syringe which has a needle attached. (Syringe has an orange cap).

Carefully remove the cap from the needle taking care NOT to touch the needle itself.

Insert the needle through the rubber stopper of the vial. Invert the vial and withdraw **80 or 100u units** of Lupron by letting go and then pulling back on the plunger to **80 or 100units**, ensuring that the top ring of the black piece within the syringe should be at the long line at the number **80 or 100**.

## **Subcutaneous Injection Instructions for Lupron-**

Cleanse the area approximately 2 inches on either side of the navel with alcohol, let the alcohol dry (do not blow on it)

Take a pinch of fatty tissue with non-dominant hand.

Hold the syringe like a pencil or a dart, with your dominant hand, the needle should be approximately 1 inch away from the skin, insert the needle quickly into skin (not hard but quick)

Let go of the pinch and inject the medication (it does not matter how quickly you inject the medication)

Remove the needle and place entire syringe into a sharps container

## **IMPORTANT REMINDER-**

**\*\*You can not eat or drink anything after midnight the night before the retrieval! \*\***