FSH IUI Cycle
(Not used for IVF, only IUI cycles)

Before Cycle Start

- Start taking a Prenatal Vitamin
- Review questions with doctor
- Consent forms signed and returned to Boston IVF
- Approval from financial dept.
- Contact Patient Educational Services

FSH Start

- Call Clinical Assistant (Nurse) when period starts (= day 1 cycle)
- Nurse will instruct you when to start FSH medication (Bravelle, Gonal-F, Follistim, Repronex)
- FSH started usually on cycle day 2 or 3 (Cycle Day 1 = start of menses)
- The day FSH is started is referred to as (FSH) Treatment Day 1 (versus cycle)
- Nurse/Clinical Assistant will instruct you on the dose of FSH & for how many days

Monitoring

- Typically started on FSH Treatment day 6-8
- Consists of ultrasound and usually blood test
- Average is 2-3 per cycle
- Performed 6:30am-8:45am
- Waltham and Portland are only centers open weekends
- Appt scheduled by your nurse
- You will receive a call in afternoon after tests with instructions on FSH medication dose

HCG Injection

- When follicles (eggs) ready, you will be instructed to take hCG by nurse
- Stop FSH medications when hCG given

Day of IUI

- The IUI is performed approximately 36-40 hours after the hCG injection.
- No restrictions on activity afterwards
- The nurse will inform you if you need to schedule a follow up appointment.

Pregnancy Test

- Performed 16 days after hCG injection, 14 days after IUI
- Inform nurse as to where you will have test performed

Good luck and best wishes!