

**CYCLE CALENDAR/ EEP THAW PROTOCOL
(Exogenous Estrogen and Progesterone)**

*If you receive your period, (cycle day one, the first day of a full flow red) after 5pm, call to speak to a nurse the following day.

****Consents must be completed prior to starting any treatment cycle, this is mandatory Boston IVF policy****

1*		Please call your IVF nurse with the onset of your period. Take three Estradiol 1mg tablets twice a day Total of 6 tablets daily		Estradiol 1mg Take 3 tablets By mouth in the am	Estradiol 1mg Take 3 tablets By mouth in the pm
				(3) Estradiol tablets	(3) Estradiol tablets
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0		You will be instructed by your nurse to have blood work and an ultrasound. You will also be given instructions at that time when to begin your progesterone. Start your IM progesterone 50mg= 1ml every 3 rd evening	Blood work and ultrasound	(3) Estradiol tablets	(3) Estradiol tablets (IM) Intramuscular progesterone injection 50mg = 1ml begins at the instructions of your nurse (6p-8pm) Continues every 3 rd night
1		Start your vaginal progesterone support twice daily		(3) Estradiol tablets Crinone 8% take 1 applicator vaginally in the am	(3) Estradiol tablets Crinone 8% take 1 applicator vaginally in the pm
2				(3) Estradiol tablets Crinone 8% take 1 applicator vaginally in the am	(3) Estradiol tablets Crinone 8% take 1 applicator vaginally in the pm
3				(3) Estradiol tablets Crinone 8% take 1 applicator vaginally in the am	(3) Estradiol tablets Crinone 8% take 1 applicator vaginally in the pm (IM) Intramuscular progesterone injection 50mg = 1ml
4		Expect an email from a nurse with timing and instructions for Embryo Transfer		(3) Estradiol tablets Crinone 8% take 1 applicator vaginally in the am	(3) Estradiol tablets Crinone 8% take 1 applicator vaginally in the pm
5		Transfer Day		(3) Estradiol tablets Crinone 8% take 1 applicator vaginally in the am	(3) Estradiol tablets Crinone 8% take 1 applicator vaginally in the pm
				(3) Estradiol tablets Crinone 8% take 1 applicator vaginally in the am	(3) Estradiol tablets Crinone 8% take 1 applicator vaginally in the pm (IM) Intramuscular progesterone injection 50mg = 1ml
		Your pregnancy test will either be 10 days after your embryo transfer. If positive continue all meds for 10 weeks	Blood test	(3) Estradiol tablets Crinone 8% take 1 applicator vaginally in the am	(3) Estradiol tablets Crinone 8% take 1 applicator vaginally in the pm