

hCG, Novarel, Pregnyl, and Generic hCG 10,000

These medications are packaged with 1 vial of diluent and 1 vial of powder

Flip plastic caps off of both vials

Clean the rubber stoppers of vials with alcohol

Using a 3cc syringe with a 1 ½” needle (make sure the needle is on securely)

Pull the plunger back to the 1cc mark (the top ring of the black piece should be at the long line at the number 1, the needle should be pointed up)

Carefully remove the cap from the needle

Insert the needle through the rubber stopper of the vial of diluent

Invert the vial and pull the tip of your needle down close to the rubber stopper

Push on the plunger injecting 1cc of air into the vial of diluent (to break the vacuum)

Withdraw 1cc of diluent by letting go and then pulling back on the plunger

Pull back past the 1cc mark then push back up to the 1cc mark (vials contain more than 1cc of diluent)

Remove the needle from the vial

Inject 1cc of diluent into the vial of powder, if it does not dissolve instantly, swirl (don't shake) the contents

Invert the vial, withdraw all of the liquid (make sure the tip of your needle is as close as possible to the rubber stopper, you should be able to visualize the tip of the needle through the break in the rubber stopper)

Withdraw all of the liquid back into the 3cc syringe

Remove the needle from the vial; hold the syringe with the needle pointing up

Pull back on the plunger to clear the needle of any liquid

Remove the 1 ½” needle and replace it with a ½” needle

With the needle pointing up, gently press on the plunger until a drop appears at the tip of the needle

Snap on any air bubbles to remove them (snap out what you can and do not worry about the rest they will not hurt you)

Inject subcutaneously into the fatty tissue

Cleanse the area approximately 2 inches on either side of the navel with alcohol, let the alcohol dry (do not blow on it)

Take a pinch of fatty tissue

Hold the syringe like a pencil or a dart, the needle should be approximately 1 inch away from the skin, insert the needle quickly into skin (not hard but quick)

Let go of the pinch and inject the medication (it does not matter how quickly you inject the medication)

Remove the needle and place entire syringe into a sharps container

If you have any questions please contact Patient Educational Services at 781-434-6524