

Lupron, Leuprolide, and Microdose Lupron

These medications are packaged with 1 vial of liquid medication

Flip plastic cap off of the vial (Microdose Lupron will not have a plastic cap on it)

Clean the rubber stopper with alcohol

Open a ½ cc syringe and remove the cap(s)

Insert the needle through the rubber stopper of the vial

Invert the vial

Withdraw your recommended dose of medication (5 or 10 units) by pulling back on the plunger

Pull back past the 5 or 10 mark then push back up to the 5 or 10 mark

Remove the needle from the vial

Hold the syringe with the needle pointing up

Snap on any air bubbles to remove them (snap out what you can and do not worry about the rest they will not hurt you)

If you are using Bravelle, Gonal-F 75 IU Vials, or Menopur as well you may inject your recommended dose of Lupron, Leuprolide, or Microdose Lupron into the prepared medication for one injection

Inject subcutaneously into the fatty tissue

Cleanse the area approximately 2 inches on either side of the navel with alcohol, let the alcohol dry (do not blow on it)

Take a pinch of fatty tissue

Hold the syringe like a pencil or a dart, the needle should be approximately 1 inch away from the skin, insert the needle quickly into skin (not hard but quick)

Let go of the pinch and inject the medication (it does not matter how quickly you inject the medication)

Remove the needle and place entire syringe into a sharps container

Store the vial of medication in the refrigerator for next injection

If you have any questions please contact Patient Educational Services at 781-434-6524