

Gonal F RFF Redi-ject 300,450, and 900 IU Disposable Pen

This medication comes with one 300,450 or 900 IU pen and needles.

Pull cap off pen

Alcohol wipe off the end of the pen each time before it is used.

Turn needle (securely) onto end of pen, pull cap off, pull inner sheath off (Do not dispose of the cap, inner sheath can be disposed).

Inspect the dose display to see that it is at zero.

Next turn the dose knob clockwise until your prescribed dose is show in the dose display.

If you dial past your dose simply turn back.

Cleanse the area approximately 2 inches on either side of the navel with alcohol, let the alcohol dry (do not blow on it)

Take a pinch of fatty tissue

Hold the pen by wrapping all of your finger around it and placing your thumb on the plunger, the needle should be approximately 1 inch away from the skin, insert the needle quickly into skin (not hard but quick)

Let go of the pinch and inject the medication (by pushing down on the button).

Leave the needle in the skin for 5 seconds after pushing down all the way on the plunger.

Look at the dose display to see that it is at zero, (which would ensure that you had given all of your dosage).

Remove needle, by careful recapping it with the inner sheath without touching the inner sheath, use sterile gauze to wipe any blood

unscrew needle from pen and place into a sharps container.

Put cap back on pen

Save for next injection

If you have any questions please contact Patient Educational Services at 781-434-6524