Generic hCG  (Low dose hCG)

(refrigerate)

This medication is packaged with 1 vial of liquid
Peel off foil tab (Low dose hCG will not have a plastic cap on it)
Clean the rubber stopper with alcohol before each use.
Open a ½ cc syringe and remove the cap(s)
Insert the needle through the rubber stopper of the vial
Invert the vial
Withdraw your recommended dose of medication by pulling back on the plunger
Pull back past your recommended dose, then push back up to your recommended dose
Remove the needle from the vial
Hold the syringe with the needle pointing up
Snap on any air bubbles to remove them (snap out what you can and do not worry about the rest they will not hurt you)
if you are using Menopur please see instructions below.
If you are using Gonal F Pen, or Follistim then you will need to give the Low Dose hCG as a separate injection.
Please see subcutaneous instructions below.
If you are using Menopur, or Gonal F 75iu Vial, you may inject your recommended dose of
Low Dose hCG  into the medication for one injection
Inject subcutaneously into the fatty tissue
Subcutaneous Injection Instructions:
Cleanse the area approximately 2 inches on either side of the navel with alcohol, let the alcohol dry (do not blow on it)
Take a pinch of fatty tissue
Hold the syringe like a pencil or a dart, the needle should be approximately 1 inch away from the skin, insert the needle quickly into skin (not hard but quick)
Let go of the pinch and inject the medication (it does not matter how quickly you inject the medication)
Remove the needle and place entire syringe into a sharps container
Store the vial of medication in the refrigerator for next injection
If you have any questions please contact Patient Educational Services at 781-434-6524