

Follistim Pen

This medication comes with one pen, a 300 IU (silver) cartridge and 4 needles, 600 IU (gold) cartridge and 4 needles, or 900 IU

Pull cap off pen

Unscrew yellow section from blue section

Insert cartridge (rubber stopper end down) into yellow section

Screw yellow and blue section back together

Line up blue triangle (on yellow section) and yellow rectangle (on blue section)

Screw needle (securely) onto end of yellow section, pull cap off, pull inner sheath off

Dial your dose; turn gently until desired dose is in the clear section of window

If you dial past your dose DO NOT turn back, turn all the way forward until dial is

Loose, turn all the way back in, and dial again

Cleanse the area approximately 2 inches on either side of the navel with alcohol, let the alcohol dry (do not blow on it)

Take a pinch of fatty tissue

Hold the syringe like a pen or a dart, the needle should be approximately 1 inch away from the skin, insert the needle quickly into skin (not hard but quick)

Let go of the pinch and inject the medication (by pushing down on the dial)

Remove needle, use sterile gauze to wipe any blood

Put cap back on the needle, unscrew needle from pen and place into a sharps container.

Put cap back on pen

Save pen and cartridge for next injection

If you have any questions please contact Patient Educational Services at 781-434-6524

If there is not enough medication left in one cartridge

Dial will stop at remaining dose

Unscrew sections, put in new cartridge, replace needle

Inject remaining dose