

## **450 IU Multidose Gonal-F**

This medication comes with 1 vial of powder and a syringe filled with diluent

Flip the cap off of the vial of powder and wipe the rubber stopper with alcohol

Remove the grey cap from the syringe of diluent

Inject all of the diluent into the vial of powder to dissolve it (swirl, don't shake the contents)

discard the empty syringe

Open a 1cc syringe and insert the needle into the vial

Invert the vial; withdraw the recommended dose of medication by

pulling back past the recommended dosage mark and then pushing back up to the mark

Remove the needle from the vial; hold the syringe with the needle pointing up

Snap on any air bubbles to remove them (snap out what you can and do not worry about the rest they will not hurt you)

Inject subcutaneously into the fatty tissue

Cleanse the area approximately 2 inches on either side of the navel with alcohol, let the alcohol dry (do not blow on it)

Take a pinch of fatty tissue

Hold the syringe like a pencil or a dart, the needle should be approximately 1 inch away from the skin, insert the needle quickly into skin (not hard but quick)

Let go of the pinch and inject the medication (it does not matter how quickly you inject the medication)

Remove the needle and place entire syringe into a sharps container

Store the prepared vial of Multidose Gonal-F in the refrigerator for your next injection

***If you have any questions please contact Patient Educational Services at 781-434-6524***